

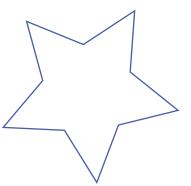
The NYSAFP family and friends congratulate

### Robert J. Ostrander, MD, FAAFP

on his installation as President.

We look forward to an inspirational year.







# Contents

Welcome Letter5
Installation Dinner Program7
Calendar of Events8
Staff and Contracted8
Board of Directors9
70th President Dr. Robert J. Ostrander11
69th President Dr. Tochi Iroku-Malize15
Sponsors, Exhibitors and Advertisers17
Family Physician Educator of The Year18
Family Physician of The Year22
Past Presidents25
Tar Wars Winners28
Commissions





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Welcome to the 68th Congress of Delegates and installation dinner of the New York State Academy of Family Physicians.

Since its inception in 1948 the Academy has been a leader in advancing the specialty of Family Medicine, advocating for members and patients, producing educational programs to enhance the skills and knowledge of family physicians, and cultivating interest in Family Medicine among medical students.

The Congress is our annual business and policy meeting. Members discuss important issues regarding public policy and Academy programs and make decisions that our board of directors and staff implement throughout the year.

Among the important decisions delegates to the Congress make are the election of officers and directors. Individuals elected at today's session of the Congress will be installed tonight by Dr. Wanda Filer who is President of the American Academy of Family Physicians.

After installation of our officers and directors, we will honor our incoming and outgoing presidents – Drs. Robert Ostrander and Tochi Iroku-Malize, respectively. We will hear from Dr. Ostrander regarding his plans for the next year and we will pay tribute to Dr. Iroku-Malize for her year of service as president.

We are grateful to have you with us tonight and hope you enjoy this evening's program.

Sincerely,

Vito 8. Shasso

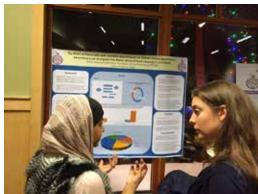
Vito F. Grasso, MPA, CAE

**Executive Vice President** 

# Save the Date!

Winter Weekend - January 26 – 29, 2017, Saratoga Springs













Welcome Remarks & Introduction of Special Guests Heather Paladine, MD

Installation of the NYSAFP Officers Wanda Filer, MD, President AAFP

Installation of the NYSAFP President: Robert Ostrander, MD Wanda Filer, MD, President AAFP

Medallion Ceremony Tochi Iroku-Malize, MD

President's Inaugural Speech Robert Ostrander, MD

Tribute to Tochi Iroku-Malize, MD Vito F. Grasso, MPA, CAE

Mistress of Ceremonies Heather Paladine, MD 2015-2016 Board Chair







# Calendar of Events

### 2016

### August 6-7

Summer Cluster Inn on the Lake, Canandaigua

### September 17

Capital Region Family Medicine Conference Siena College, Loudonville

### 2017

### January 26-29

Winter Weekend Saratoga Hilton, Saratoga Springs

### March 11-12

Winter Cluster and Lobby Day Renaissance Albany Hotel, Albany



## Staff listing

Vito F. Grasso, MPA, CAE Executive Vice President

Kelly Madden, MS Director of Education

**Donna Denley, CAE** Director of Finance

### Contracted

**Penny Ruhm, MS** Special Projects Journal Editor

გ

**Ron Rouse, MPA** Public Health Consultant

Marcy Savage Government Relations Counsel Reid McNally & Savage

Kern Augustine Conroy & Schoppmann Legal Counsel

# 2015-2016 Board of Directors



President	Tochi Iroku-Malize, MD
President-Elect	Robert Ostrander, MD
Vice President	
Secretary	
Treasurer	

### Board of Directors

<u>Terms expire 2016</u>	<u>Terms expire 2017</u>	<u>Terms expire 2018</u>
Jose Tiburcio, MD	Russell Perry, MD	Linda Prine, MD
Heather Paladine, MD – Board Chair	Robert W. Morrow, MD	Thomas Molnar, MD
Andrew Symons, MD	Wayne Strouse, MD	KrisEmily McCrory, MD

### Term Expires (If not noted, term is one year)

Speaker, Congress of Delegates	Jason Matuszak, MD
Vice Speaker, Congress of Delegates	Sonya M. Sidhu-Izzo, MD
New Physician	(2017) Pooja Paunikar, MD
Delegate to AAFP Downstate	(2016) Marianne LaBarbera, MD
Alternate Delegate to AAFP Downstate	TBD
Delegate to AAFP Upstate	
Alternate Delegate to AAFP Upstate	(2017) Marc Price, DO
Delegate MSSNY	(2016) Paul Salzberg, MD
Alternate Delegate MSSNY	(2016) Jose 'Jun' David, MD
Immediate Past President	Mark Josefski, MD
Resident Representative Upstate	John Buddenhagen, MD
Alternate Resident Representative Upstate	TBD
Resident Representative Downstate	Aldo Alleva, MD
Alternate Resident Representative Downstate	TBD
Student Representative Upstate.	Alexander Paley
Alternate Student Representative Upstate	Howard Lanney
Student Representative Downstate	Cortney Crespo
Alternate Student Representative Downstate	Ben Shuham

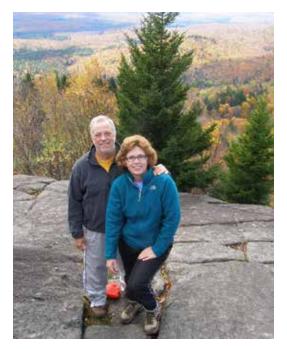
Not on the Board of Directors

Student Delegate Downstate to COD/NC	Alexa Mieses
Alternate Student Delegate Downstate to COD/NC	Jafeen Ilmudeen
Student Delegate Upstate to COD/NC	Lizzy Wei McIntosh
Alternate Upstate Student Delegate to COD/NC	Jennifer Hu

Q

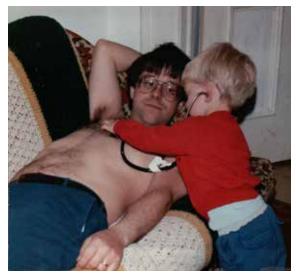












### Róbert J. Ostrander, MD, FAAFD

is a privilege and pleasure to welcome everyone to the 2016 New York State Academy of Family Physicians Congress of Delegates annual banquet and installation of officers. It is good from time to time to remind ourselves what our specialty is all about: family medicine is the medical specialty which provides continuing, comprehensive health care for the individual and family. It is a specialty in breadth that integrates the biological, clinical and behavioral sciences. The scope of family medicine encompasses all ages, both sexes, each organ system and every disease entity.

Isn't that what our healthcare system needs right now: highly trained physicians with mastery of the key aspects of healing, health and wellness for individuals, families and populations? Isn't that what our patients need and deserve?

Considering this scope, it is no wonder that in serving its members, and more importantly our patients, that this Academy tasks itself with analyzing, debating and acting on such varied issues. Matters before this Congress include resolutions that address vaccination policy, very specific physician education, healthcare economics affecting both patients and family physicians, socioeconomic determinants of individual and population health, as well as cultural matters that affect our patients' wellbeing. In the coming year, our Commissions, Board and Task Forces will develop and promote the policies that this Congress passes.

Every aspect of our healthcare system is in flux right now. Many groups have ideas about how this flux should be organized into a transition to a more rational way of caring for members of our society. No group understands better what our patients need and what approaches might be reasonable or practical than we family physicians. It is important that our voice be loud and firm so that this transformation is not hijacked by the under-informed, well-intentioned, or worse by the not-so-well-intentioned. It is important, too, that we listen and learn.

So, we have our work cut out for us this year. Much of what will impact us the most over the short haul will be happening right here in New York State. Attending this Congress is always heartening; sharing ideas and being reenergized by so many physicians and physicians in training, who share passion for what we do.

Tonight is a night to celebrate our specialty and our State Academy. Enjoy!

	Valley View Family Practice Associates
213 Route 245	
Rushville, NY 14544	Dr. Geoffrey P. Ostrander, M.D.
(585) 554-3119	Robert J. Ostrander, M.D.
	Donna J. Schue, M.D.
	Christine E. Rose, P.A.
4638 State Route 245	
Gorham, NY 14461	John J. D'Amore, M.D.
198 Parrish Street	
Canandaigua, NY 14424	
(585) 394-4920	









North Shore-LIJ is now Northwell Health

# Congratulations to **Dr. Tochi Iroku-Malize**

on her achievements as this past year's president of the New York State Academy of Family Physicians.

> Northwell Health Department of Family Medicine









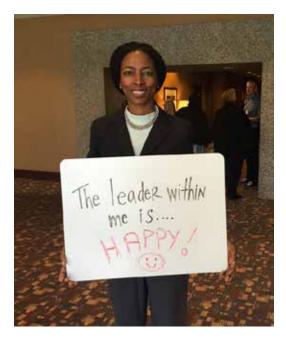














## Tochi Iroku-Malize, MD, MPH, MBA

is hard to imagine that a full year has gone by and my term as your president has come to an end. The year has been filled with a multitude of opportunities and challenges that New York family physicians have had to embrace and overcome respectively. My goal was to serve the Academy through advocacy, education, and to continue to promote nationally the great work that you do on a daily basis in both the clinical and academic realms.

The first thing I needed to do was to create a platform to keep you informed of activities I participated in as part of my official duties. Since I am a techie, it made sense to start a twitter handle @NYSAFP\_Prez in a similar fashion to what has been done by the national academy. It provided a quick way to catch up on new developments and allowed one to participate in events held across the state from the comfort of one's home/office. I plan on passing on the handle to our incoming president Bob Ostrander and hope this becomes a tradition.

The various meetings and conferences that your leadership participated in during the past year is recorded in the cluster minutes, our Family Doctor journal and of course via twitter, Facebook and Instagram. Throughout this period, we the elected and appointed leaders of the Academy, have attended national, regional and local meetings where members of our commissions worked tirelessly on advocacy, education, public health, operations, leadership and membership issues. I am proud to say, we have started a great tradition of having multiple NY family physicians, residents and students represented at the national leadership level. A number of us also attended the national cluster meetings over the year, lending the experience gained from our home state to the main academy. We have been involved in a wonderful alphabet soup with regards to practicing in NY: DSRIP, NYSHIP, TCPI, MACRA, DPC, etc. We tried to keep you informed via all forms of communication – live, video, print, social media – on what it means to you here in NY and how we can best navigate this together.

It is now June and we prepare for our 68<sup>th</sup> Congress of Delegates where we get to discuss issues relevant to our membership and debate Academy policy. It's also a great time to network and get updates on various developments within our state that affect how we practice family medicine. We are also concerned about another residency in the NYC area that may be affected by the restructuring of Beth Israel Hospital. We continue to stay informed and to assist to ensure our specialty not only survives, but thrives in NY.

Thank you to the NYSAFP staff, especially Vito, Donna, Kelly and Penny who kept me in the loop via email, texts and phone calls over the year. They did the work and made me look good. Thank you to the board and the commission members who volunteer their time despite their hectic schedules, to ensure the business of the Academy gets done. A special thank you to Marcy Savage because she keeps us plugged in with regards to advocacy and with Vito has made us a society whose opinion matters in the legislative arena.

Thanks to my team at Northwell Health (especially Maria and Barbara) who kept things running during this presidential year. A special thank you to my family: my husband Charles and children (Pierce, Isabella & Miles) who have been a part of this Academy and supportive of my work since I was a resident; my parents and siblings who remind me that anything is possible.

It's been an honor to serve you as your president. I look forward to the great things we will accomplish in the future together.

Tochi Iroku-Malize MD MPH MBA FAAFP

69<sup>th</sup> President NYSAFP



## Congratulations to Tochi Iroku-Malize

on completing her term as the 69th president of the NYSAFP.

From the Iroku Family

## Congratulations to Tochi Iroku-Malize

on completing her term as the 69th president of the NYSAFP.

From the Malize Family

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### Northwell Health

Department of Family Medicine

### Valley View Family Practice

213 Route 245 Rushville, NY 14544

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# 2016 Family Physician Educator of the Year: Katherine Holmes





I have always been interested in primary care and family medicine. My Mom was very active in our local community with volunteer projects and as kids were heavily involved in projects to improve equipment at local fire and EMS stations, build local parks with better playground equipment and food banks for local families. The idea of service to better a community was an idea passed to me from my mother and I am very grateful for the lesson and the experience.

I have always been drawn to work in low resource communities: first in Worcester MA where I did medical school, then in Pawtucket RI in residency. My first job was in Fall River MA in a very low income, high need area. It was there that I had the opportunity to work with medical students. I loved the opportunity to share the joy of learning with medical students and with patients. Patients in that clinic also enjoyed the opportunity to participate in the education of the students as well.

In 2009, I learned medical acupuncture which has allowed me new opportunities to teach patients and also get back involved in teaching family medicine residents.

Our family's move to upstate NY in 2011 allowed me the excellent opportunity to meet Dr. Joshua Steinberg and Dr. Daniel Young and join the UHS Wilson Family Medicine Residency as faculty. I feel as if I have won the lottery- a job that combines all my passions and clinical interests: care for a low resource population, the opportunity to provide acupuncture for a high need population, reproductive health care for women and educating residents and medical students. I feel very lucky every day to go to work. I am also deeply honored that students have felt that our interactions were meaningful for them, and I am very honored to get this award.





### Excerpts from Nominators

### Simone Arvisais-Anhalt

I believe Dr. Holmes should receive the NYSAFP Family Practice Educator of the Year Award because she is a compassionate, humble, fiercely intelligent team player who always advocates for patients, even if it goes against the popular opinion of the group. She was my bioethics small groupteacher during my third year of medical school and she taught our group that as a provider, the most important thing you are working towards in medicine is caring for the patient. She led by example. She went above and beyond her duty as a bioethics teacher and encouraged us to join her on her patient rounds to experience and discuss patient encounters that you don't learn how to deal with in the textbooks - counseling families who are in complete disagreement with how a loved one should die and including the dying patient's input, caring for addicted patients who providers label as "gaming" the system, etc. What she finds energizing about medicine is basically dealing with all the people most practitioners groan about in their schedules - those who do not have the means to help themselves, those who are noncompliant, those who have incredible social dysfunction in their lives. She delivers their care with an infectious enthusiasm and impeccable bedside manners, no matter what daily stressors or institutional complications are looming. She takes the time with each patient to go beyond treating their medical complaints and addresses socioeconomic factors that may be affecting their health. When I think about the physician I aspire to be, it is Dr. Holmes whom I want to embody.

### Susanna Magee, MD

To whom it may concern, I am writing this letter in support of Dr. Katie Holmes, who is being nominated as Outstanding Educator of the Year for the New York State Dr. Holmes has always been a superb educator. AFP. When she was a resident in our program many years ago, she was a 'sought after' senior resident, because her trainees always knew that she would be dedicated and attentive to their needs. She then decided to complete Maternal Child Health Fellowship at Brown. Much of the role of the fellow in the Brown Family Medicine program is in teaching medical students and residents about the family medicine model of maternity care. As the current Director of Maternal Child Health, I have access to the files from her time as a fellow, as was thrilled to see that Brown residents and medical students in the early 2000's cited her teaching abilities at the highest possible level. So she was clearly a

gem even back then, without any specific training in medical education. In her current role in UHS Wilson family medicine residency, Dr. Holmes has been responsible for revamping the pediatrics rotations for residents, developing a successful wellness curriculum for residents (where others had previously been unsuccessful), and improving access to contraception training for residents. Dr. Holmes didn't stop there. She developed a new breastfeeding curriculum, became a Buprenorphine prescriber and teacher, relearned hospital medicine, and is on the verge of resuming her obstetrics privileges. She recently taught a regional Advanced Life-Support for Obstetrics (ALSO) course and it was met with rave reviews. Personally, Dr. Holmes is just an exceptional individual. She has spent a lot of time and energy caring for underserved patients. She began doing so in residency and has not accepted a position since where she wasn't concentrating on caring for the under-It gives me the greatest pleasure to recommend served. Dr. Holmes for this award. I know how special this award is. I was lucky enough to receive this award this year from the Rhode Island chapter of the Academy! I would be honored to have written a letter for New York's winner. Please do not hesitate to contact me with any questions. I would be honored to speak about Dr. Holmes at any time. She is a truly wonderful person, physician, and teacher. Sincerely, Dr Susanna Magee

### Joshua Beckler, MD

I had the privilege of having Dr. Holmes as my instructor for my 3rd-year medical school class entitled "Clinical Bioethics." Dr. Holmes facilitated discussion remarkably well, but did not overpower the conversation. She clearly demonstrated knowledge concerning the topic at hand and would nicely redirect the dialogue when we were getting off-topic.

### **Caitlin Nicholson**

I am a third year medical student. Dr. Holmes was my Bioethics discussion group leader this year. During our weekly sessions, Dr. Holmes moderated conversations on charged topics such as end of life care, the impaired physician, and mistreatment during third year clerkships. She listened to our conversations intently, and pushed us to consider viewpoints different from our own. She was good about always bringing our focus back to the patients and why we originally joined this profession, no matter how tired or burned out we were feeling that day. I enjoyed our sessions with Dr. Holmes greatly and I was sad to see them end. Dr. Holmes also went above and beyond her required duties with me as a student. I plan to go in to family medicine. Dr. Holmes met with me for an afternoon and discussed her residency program as well as other programs in the area. She also helped me sift through away elective materials and find appropriate electives to apply to. Before we concluded, she let me know that her door was always open if I'd like to talk about anything, career-related or otherwise. She truly is a great mentor.

### Amrita Chakraborty, MD

I am happy to put forward a letter of endorsement to support the nomination of Dr. Katherine Holmes for the NYSAFP Family Practice Educator/Volunteer of the Year Award. My name is Amrita Chakraborty and I am currently a second year Family Medicine resident at UHS Wilson Hospital where Dr. Holmes is a member of the core faculty. I had the pleasure of meeting Dr. Holmes on my first day of clinic during a preceptor session. As I timidly discussed my patient's symptoms and my assessment, Dr. Holmes listened intently, gave me feedback and helped me form a concrete plan for my patient. When I returned to Dr. Holmes with my next patient, I felt a lot more confident. I realized that Dr. Holmes' approach of recognizing and reinforcing my positive qualities while giving concrete examples for improvement was an effective way to remind me that the past four years of medical education have equipped me with the tools I need to successfully perform my job. Dr. Holmes consistently makes an effort to highlight individual strengths and use this to positively enhance the learning experience. She uses surveys, meetings, and small review committees to gauge which topics are lacking in our residency training and discover the best ways to cover them. During her lectures, she employs a variety of teaching methods such as group discussions, diagrams, videos and hands-on training to ensure that different learners benefit from her lecture topic. She is an enthusiastic lecturer, and this enthusiasm extends through to her office hours, where she will gladly look up the latest literature or call a specialist to help you answer a tough medical guestion. In addition to her dedication for medical education, she is also extremely passionate about residency well-being. For example, immediately after a pediatric code she arranged an opportunity for the involved residents to connect and process the emotions as well as the medical aspects of the case. Dr. Holmes will frequently check-in with residents regarding fatigue and burnout. She has open discussions about her own biases and reminds us to reflect on ours. She is a humble individual who reminds us that we too are humans that will make mistakes and to recognize that this same quality exists among our patients. Dr. Holmes is more than a competent teacher; she is a passionate, empathetic physician who is not afraid to discuss

the challenges of balancing her own well-being with that of her patients. I cannot think of a more deserving individual for the NYSAFP Family Practice Educator/Volunteer of the Year Award. With her efforts and enthusiasm, she has tremendously helped our residency program improve clinical education, and in turn, has inspired us to become better educators. Sincerely, Amrita Chakraborty, MD PGY-2 at UHS Wilson Memorial Hospital Family Medicine Residency, Johnson City, NY 13790 Email: amrita\_chakraborty@ uhs.org, Phone: 917-579-4666

### Paula Dygert, MD

Dr. Katie Holmes is an exceptional educator for both family practice residents and students. I am part of the Upstate Medical University Binghamton Clinical Campus faculty and have an active outpatient practice. I have worked alongside Dr. Holmes as she precepts residents in the outpatient clinic and she is truly devoted to both educating medical students and residents while simultaneously caring for the patients. She is a model physician and passes along her energy and motivation about caring for patients to each student and resident that she works with. The residents feel like she is always watching out for them and can reach out and discuss anything with her. She spends a lot of time on resident wellness in addition to her teaching activities. She and I both teach a section of bioethics to third year medical students. She is a perfect choice for helping lead third year students through their tumultuous year on the ward and working through cases that exemplify the ethical difficulties faced by all students as they begin on the inpatient wards. In summary, Dr. Holmes is one of the best clinician educators that I have ever worked with and she somehow is able to empower residents while motivating them to enjoy their work caring for patients and teaching them the science and art of family medicine.

### James Crosby, MD

This is to supplement the nomination of Dr Holmes by my colleages. I will defer to their letters for information about her credentials, dates of involvement with our program and teaching experience. So this is mostly a letter of reference to support her nomination. I have been a full-time residency faculty for about 40 years and have witnessed many faculty come and go through our program. Dr Holmes is one of the best. Even though her time with us has been relatively short she has made a super-positive impact. First her energy level is high but is buffered and empowered by a sensitive and caring approach. She goes out of her way to approach residents and staff with positive efforts to fix and support. New flowers and wall pictures are invariably from



her. Even a poem that shows up on the bulletin board will have her stamp. Second are her initiatives in the program.... many: a reading program integrated into our well child visits giving a new book to all kids (with the accompaning resident education), accupuncture education, inovations in the Pediatric and Gyn rotations, a \$ gift program for our needy patients, support groups for residents. Thirdly, her clinical excellence. Her experience has been invaluable in her teaching and reflects a great fund of knowledge, super judgment and several skills including accupuncture and Gyn procedures. Residents seek her out for precepting. Forthly, she has begun to establish herself as a "scholar" with national presentations, at least planned. Details should be found in the other references. Finally, her high regard for Family Medicine as a discipline. She embodies our specialty and all the aspirations we hold. Students and residents find in her the Family Doc we all want to emulate. She practices what she teaches. Although she may not have all the publications, appointments, positions etc of a vetern educator (as most past educators of the year seem to have), I think she well deserves special recognition.

### Joshua Steinberg, MD

Dr. Holmes has had a profoundly positive impact on the teaching of residents and students in the two years since she joined. She has made so many contributions that I'm sure I'll miss some. Here are a bunch. She has a passion

for serving the disadvantaged and underserved. But she has done more than just provide positivity and role-modelling. She has led a campaign to address and reverse cynicism among residents and staff. She has created and delivered activities on physician wellness so that we can be at our best when charged with the duty to serve others. She has transformed chronically problematic resident and student rotations by meeting with all involved stakeholders and redesigning educational experiences. She has added new areas of curricular instruction (i.e. breastfeeding, suboxone) and greatly enhanced others (i.e. contraception). She has developed innovative curricula to strengthen intern Just for fun and satisfaction, she leads a small learning. group seminar on bioethics for SUNY Upstate medical students at the Binghamton campus. Her teaching generosity is not confined to our local student and resident trainees. She just presented to her family physician colleagues at the Lake Placid Winter Weekend conference last month. And she will present shortly at next month's St. Joseph's Refresher Course in Syracuse as well as at the national STFM in May. She has done all this while resuming hospital medicine after a long break, which is not a trivial task. Reacquisition of OB privileges is underway as well, and Dr. Holmes has already taught an ALSO course for the consortium of Upstate NY residencies with another instructor turn She has accomplished all this with on the way in April. a toddler at home! She sets a sterling example of what a passionate and principled educator can do, showing family medicine at its best to all our students and residents. She would be a marvelous choice as educator of the year.



# 2016 Family Physician of the Year: William Klepack



**Dr. William Klepack** received his medical degree from The John Hopkins School of Medicine and his post-graduate training at the University of Rochester School of Medicine and the Highland Hospital Family Medicine Program in Rochester. He served in the US Public Health Service, National Health Service Corp as a commissioned officer, medical director and medical staff president at Norton Sound Health Corporation in Nome, Alaska before returning to practice in Steuben County and then later in the Ithaca, NY area where he continues to practice family medicine. He is a partner in Dryden Family Medicine and has numerous clinical, academic and community appointments. He has been an active member of the NYSAFP since 1994.







### Excerpts from Nominators

### **Ronald Rouse**

Manageable Challenges - Dr. Klepack, as Chair of the Public Health Commission, recognized that obesity is one of society's most serious public health problems. He also realized that family physicians can play a central role in helping patients to lose weight. But, many doctors do not know how to conduct an effective office visit, and many were requesting help. In response, Dr. Klepack led the effort to develop the Academy's program called "Manageable Challenges." This program is innovative in many ways, but one of the most creative and useful components is it recognizes that doctors cannot tell patients who for years have been eating too much, exercising too little, and eating the wrong foods that they now have to eat less, move more, and eat right. It's too many challenges. Manageable Challenges is based on facing initially one challenge — eating less than what one's body needs. That approach will enable one to lose weight, Once weight loss occurs, the patient will be motivated to begin exercising and eating nutritiously. Dr. Klepack directed actions to develop a comprehensive Office Visit Protocol with contents for screening and counseling patients. He also directed the creation of a Patient Packet that patients can take home for further help. Dr. Klepack co-wrote an article in the NYSAFP Journal along with a CME program, he staffed exhibits at the Winter Weekend and other regional meetings, and refined the program for its inclusion into the Academy website. The OV protocol is also quite timely now that the Affordable Care Act requires reimbursement for physician weight-loss counseling. Hydrofracking - Dr. Klepack also provided key leadership in shaping and advocating the Academy's public position on hydrofracking. When the issue first appeared, no one clearly understood it, the benefits and dangers, or its impact. Thus, he tirelessly researched the topic and attended numerous public meetings to gain the necessary knowledge. Once fully armed with the facts, he educated his colleagues at the AFP and led us in creating a public position — one that was commonsense and balanced, recognizing both the dangers and benefits of fracking, a position that was not based on political philosophy but on public health and the science behind it. Once the Academy adopted a position based on Dr. Klepack's work, he then presented testimony, wrote articles and letters, and attended innumerable meetings to promote the Academy's position. His work was an instrumental factor in the final decision by the State of New York.

### **Robert Ostrander, MD**

I have served with Bill on the Public Health Commission for years. Other than casual conversations, I know little about his office practice. However, his passion, expertise, hard work and energy in the public health arena, from local to global is extraordinary. He has a calm and reasonable demeanor, sometimes lacking in those with intense passion, making him all the more persuasive and effective. His service to the Academy has been exemplary.

### Norman Wetterau , MD

He has been a rural family physician south of Ithaca for many years. He also has worked very part time for his county public health department. He has been a member and chair of NYSAFPs Public Health Commission and in this position he has helped our academy address substance abuse issues, diabetes, obesity and other public health issues. Most important has been in concern about Fracking He became involved locally and then took the issue to our Academy and throughout the state. Having a physician lead this movement of concern was very helpful I am wondering if we would not have fracking all over our state if it were not for Bill. I am sure he would deny this but it may still be true.

### Heather Paladine, MD

I can't think of anyone more deserving to win this award! Bill is a model and an inspiration for how a family physician in private practice can take care of his patients and also work to improve the health of his community and the public overall. When I first became active in the NYSAFP, Bill was the Chair of the Public Health Commission. He took me under his wing and mentored me to become the Vice-Chair and now Chair. During this time, he has remained very active in the PHC, giving advice about the commission and also developing his own resolutions, two of which went to the AAFP Congress of Delegates last fall and were passed. Because of his organization and energy, the PHC that I inherited is a very active group that proposes many of the resolutions that we debate in our state and national Congress of Delegates. The NYSAFP has many great examples of physicians who are active in practice and also in advocacy, but Bill stands out. He has been in rural practice for over 20 years in the same location, and is medical director of his county health department. He regularly seizes opportunities to educate his community by appearing on radio programs and writing Op-Ed pieces. During his time on the Public Health Commission, he focused particularly on the issue of hydrofracking, a potential risk for upstate communities such as the one in which he lives and practices. Before Bill educated all of us, hydrofracking and its potential health dangers was not really on our radar screens - I know it wasn't on mine. Thanks to Bill, the NYSAFP has a well-reasoned policy on this important issue, and he received an award from the NYSAFP President for his work. I have spoken to several other NYSAFP members about my plan to nominate Bill Klepack for this award. The response has been unanimous; he is an excellent candidate. I think he is extremely deserving of this award and would be well-qualified to win the nati

















# Past Presidents



William A. Buecheler, M.D	. 1948-1950
Vincent Fisher, M.D	. 1950-1951
Samuel A. Garlan, M.D	. 1951-1952
Floyd C. Bratt, M.D	. 1952-1953
William G. Richtmyer, M.D	. 1953-1954
Garra Lester, M.D	
J. Hunter Fuchs, M.D	. 1955-1956
Richard Bellaire, M.D	. 1956-1957
Seymour Fiske, M.D	. 1957-1958
G. Alex. Galvin, M.D	. 1958-1959
Louis Bush, M.D	. 1959-1960
Edward Morgat, M.D	. 1960-1961
Royal S. Davis, M.D	. 1961-1962
Joseph J. Kaufman, M.D	. 1962-1963
John J. Flynn, M.D	. 1963-1964
Raymond S. McKeeby, M.D	. 1964-1965
Samuel Lieberman, M.D	. 1965-1966
Max Cheplove, M.D	. 1966-1967
Lawrence Ames, M.D	. 1967-1968
Arthur Howard, M.D	. 1968-1969
George Liberman, M.D	. 1969-1970
George G. Hart, M.D	. 1970-1971
Samuel Wagreich, M.D	. 1971-1972
Herbert A. Laughlin, M.D	. 1972-1973
Clement J. Boccalini, M.D	. 1973-1974
Herbert E. Joyce, M.D	. 1974-1975
M. Theodore Tanenhaus, M.D	. 1975-1976
Norman R. Loomis, M.D	. 1976-1977
Alan L. Goldberg, M.D	. 1977-1978
Stephen W. Blatchly, M.D	. 1978-1979
Allan H. Bruckheim, M.D	. 1979-1980
Charles N. Aswad, M.D	. 1980-1981
Martin Markowitz, M.D	. 1981-1982
James R. Nunn, M.D	. 1982-1983
Morton M. Safran, M.D	. 1983-1984
Margery W. Smith, M.D	. 1984-1985

Herman P. Saltz, M.D	1985-1986
Henry J. Dobies, M.D	1986-1987
Harry Metcalf, M.D.(President AAFF	P) 1986-1987
Richard Sadovsky, M.D	1987-1988
C. Parker Long, M.D	1988-1989
Elise Korman, M.D	1989-1990
Bruce A. Bagley, M.D	
Martin E. Panzer, M.D	1991-1992
Reynold S. Golden, M.D	
James D. Lomax, M.D	1993-1994
Denis Chagnon, M.D	
Richard Bonanno, M.D	1995-1996
Alessandro Bertoni, M.D	1996-1997
Neil S. Calman, M.D	1997-1998
John P. DeSimone, M.D	1998-1999
Steven B. Tamarin, M.D	1999-2000
Paul J. Okosky, M.D	2000-2001
Scott Kirsch, M.D	2001-2002
Lynda Karig Hohmann, M.D., Ph	D 2002-2003
Henry E. Francis, M.D	2003-2004
Andrew Merritt, M.D	2004-2005
Marianne LaBarbera, M.D	2005-2006
Maggie Blackburn, M.D	2006-2006
S. Ramalingam, M.D	2006-2007
George F. Dunn, M.D	
Jose 'Jun' David, M.D	2008-2009
Mark H. Krotowski, M.D	2009-2010
James Greenwald, M.D	2010-2011
Neil Nepola, M.D	2011-2012
Philip Kaplan, M.D	2012 2012
	2012-2013
Raymond L Ebarb, M.D., FAAFP	
Raymond L Ebarb, M.D., FAAFP Mark Josefski, M.D	2013-2014
	2013-2014 2014-2015
Mark Josefski, M.D	2013-2014 2014-2015 2015-2016

















### **Argentine Health Partners**

Professional Health Coaching & Supervised Weight Loss

...Helping adults, seniors & teens achieve & maintain Optimal Health since 2009



### Congratulations Congress Leaders & Achievers!

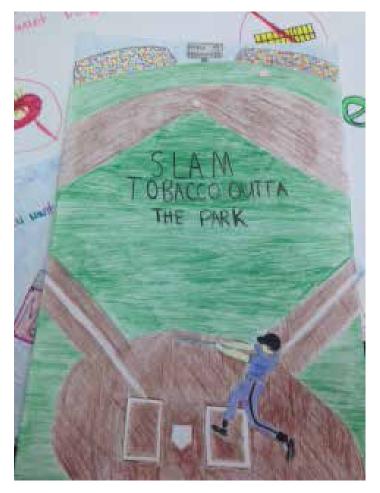
Robert Ostrander, MD & Tochi Iroku-Malize, MD

Physician of the Year - William Klepack, MD Physician Educator of the Year - Katherine Holmes, MD



# Tar Wars Winners

NYSAFP is pleased to present our 2016 winners from the Tar Wars tobacco education program for fourth and fifth grade students: Each winner received a Target gift card and will be featured in the <u>Family Doctor</u> journal and on the NYSAFP website.

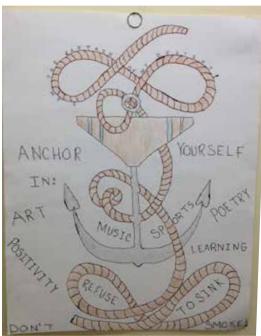


1st Place: **Cooper Caccamise**, age 9, Lindbergh Elementary School, Buffalo





2nd Place: **Lauren Bren**, age 9, Big Cross Street School, Queensbury



3rd Place: **Caden Allen**, age 10, Warensburg Elementary School, Warrensburg

# Congratulations

We awarded two student externships:

**Lisa Fleischer** of Case Western Reserve University. Her mentor will be Dr. Shantie Harkisoon of NYMC Phelps Family Medicine Residency Program.

**Larissa Raymond** of SUNY Upstate Medical University. Her mentor will be Dr. Christina Liepke of Port City Family Medicine.

We awarded \$1000 Scholarships to each of the following High School graduates:

**Grace Ayo** who plans to attend Sophie Davis School of Biomedical Education Program at The City College of New York

Mira Patel who plans to attend Yale University



































## NYSAFP Commissions

#### Advocacy

This Commission monitors government actions and the potential impact of legislation and proposed regulations on Family Medicine and Family Physicians. Commission members discuss legislation and make recommendations for action to the board of directors. The Commission plans the annual lobby day and works with the Academy's government relations counsel – Weingarten, Reid & McNally.

#### Education

This Commission develops educational programs for Academy members. It oversees production of the annual Winter Weekend & Scientific Assembly and the Regional Family Medicine Conference. It also manages the Advanced Life Support in Obstetrics (ALSO) course and reviews proposals for educational programs and collaborations. This Commission serves as the selection committee for student and resident awards, research externships and the Family Medicine Educator of the year Award.

#### Leadership

This Commission supports leadership training for members and serves as the nominations committee for selection of candidates for Academy offices. It also develops and presents leadership training for residents at the Congress of Delegates.

#### Membership

This Commission is responsible for recruiting and retaining members and making recommendations for member benefits. It also coordinates panning for the Congress of Delegates and oversees the Academy website.

#### **Operations**

This Commission is responsible for all Academy operations including preparation of the annual budget, financial management, personnel, headquarters operation, leases, contracts and bylaws.

#### **Public Health**

This Commission is responsible for education of the public regarding health, policy development to promote public health initiatives and increasing access to care for special needs populations such as the aged, children and those in underserved areas.

Become involved — Join a Commission today!

We value your input.