

Six reasons you should join the NYSAFP

*An introduction for students & residents
and all potential members!*



Overview



- What is the NYSAFP?
- Congress of Delegates
- Residency Chapters
- Student and Resident Delegates
- Commissions
- 6 Good Reasons to Join Us
- Conferences/Educational Activities
- Funding/Scholarship Opportunities for Students and Residents
- Integrate DEI goals within the Academy's structure



Our Mission



"Guided by principles of inclusivity and community, the NYSAFP empowers family physicians, residents, and students to lead through advocacy, education, and mentorship to improve the lives of our members and our patients."

Diversity Equity and Inclusion at NYSAFP

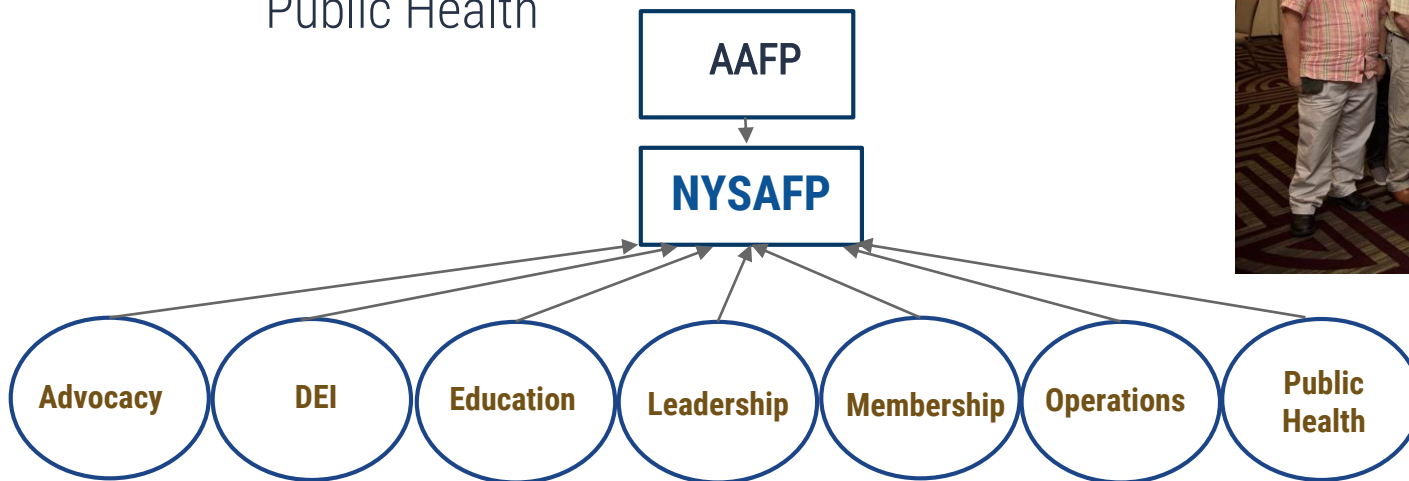


- At NYSAFP we believe that a diverse, equitable, and inclusive environment can result in new and innovative ideas to advance the field of Family Medicine, represent all those we serve and result in a more engaged membership
- In order to effectively promote inclusivity, DEI focused activities are incorporated into every meeting, program and activity
- NYSAFP gives you a chance to engage in promoting DEI work regardless of which commission you join, as each commission sends a liaison to the DEI Commission

What Makes Up the NYSAFP?



There are seven commissions (or branches) of the NYSAFP: Advocacy, Diversity Equity & Inclusion, Education, Leadership, Membership, Operations and Public Health



Congress of Delegates



The Congress of Delegates sets policy for the NYSAFP



Congress of Delegates - Examples of Previous Student and Resident Resolutions



- Increase Awareness of School-based Vaccination Rates
- Remove Salt from FDA GRAS Status
- Elimination of Advertising for Baby Formula in Hospitals
- Prohibiting Use of Possession of Condoms as Evidence in an Arrest for Prostitution

Congress of Delegates

Examples of Other Resolutions



- Promoting Single Payer Health Care
- Removal of Non Medical Vaccine Exemptions
- Increased Access to Addiction Treatment
- Ensuring Reproductive Health Rights Including Access to Contraception
- [Click here to see current NYSAFP Policies](https://drive.google.com/file/d/1uB-2q_zlpb0ZFcBTmofTH7RsyBBpS6Uj/view)
https://drive.google.com/file/d/1uB-2q_zlpb0ZFcBTmofTH7RsyBBpS6Uj/view

Residency Chapters



Residency programs in New York State can apply to be resident chapters.

At least five residents in the program who are NYSAFP members must sign the application.

Residency chapters can send a delegate and an alternate to the Congress of Delegates with the right to **one vote** for each recognized chapter.



Student and Resident Delegates



Students and residents each elect their representatives to the NYSAFP Board of Directors

Four students and four residents are on the Board:
Consisting of upstate and downstate Delegates
and Alternates

Student elections are held in the spring; Resident
elections are held during Congress of Delegates

More on NYSAFP Commissions



Each commission has at least two resident members and two student members

You may apply for a commission appointment; check our website and newsletters for application dates (Spring)

Commissions meet three times a year; virtually and in person

Engage leadership and commissions on DEI journeys with measurable outcomes

<http://www.nysafp.org/Member/Governance/Commissions>

Six Reasons to Become a Member



1. You Want to Make a Difference



- Membership is powerful
- We affect the health of all New Yorkers

2. You Want to Collaborate With Your Colleagues



- NYSAFP is your doorway to meeting colleagues from all over the state. They will:
 - ▶ Share your concerns
 - ▶ Enlighten you
 - ▶ Inspire you



3. You Want to Plan Your Career



- Network
- Make friends
- Explore practice styles, settings and locations

4. You Want to Explore the Future of Family Medicine



- Discussions
- Presentations
- Commission meetings

5. You Want a Rewarding, Gratifying Experience



- Be energized
- Feel engaged
- Be gratified
- Be empowered

6. Legal Assistance

- Health law questions answered
- Employment contracts reviewed
- 10% discount on hourly fees
- Health law questions answered for free, on a “reasonable basis”

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Legal Assistance

- Employment contracts reviewed for \$400 if you are a member of the NYSAFP. “This is an excellent benefit for the membership.”
- We defend in insurance audits, Medicare investigations, OPMC investigations, and the gamut of health care legal issues.

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Does Membership Cost Me Anything?



Membership is **free** for students, as part of your (**also free**) AAFP membership

Resident membership is included as part of AAFP membership (often paid for by your residency program; ask!)

www.aafp.org/membership



NYSAFP Conferences and Educational Activities

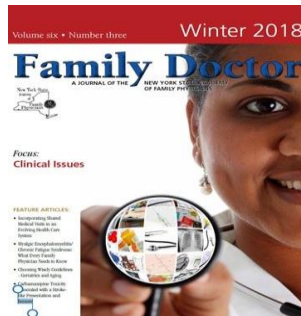


Winter Weekend CME conference in January

Regional CME conferences

Family Doctor Journal

a quarterly CME publication free to members



Funding/Scholarship Opportunities



Scholarships to the AAFP National Conference for Residents and Students

Student scholarships to the NYSAFP Winter Weekend CME conference

Student summer externships



Join us - the NYSAFP



- Make a Difference
- Collaborate with your colleagues to propegate, innovate and represent the practice of family medicine

www.nysafp.org

#AAFP #MEMBERMONDAY
#FAMILYDOCFOCUS
Sarah Nosal, M.D.

"I wanted to be the kind of doctor who could provide care to people who couldn't get it anywhere else. The clinic allows me to deliver a tiny bit of justice."





- **AAFP mobile app:** residency search tools, Match tasks lists, and 1,300 Board-style questions
- ***American Family Physician (AFP)*:** unlimited online and mobile access
- **Exclusive content:** from 2022's National Conference of Family Medicine Residents and Medical Students
- **Family Medicine Interest Groups:** network with peers



How to Join the NYSAFP



■ <https://www.aafp.org/membership/join.html>

AAFP membership is unified, which means that members are required to belong to the national AAFP and to their appropriate state chapter. Becoming a member with the AAFP automatically makes you a member at NYSAFP!

Student membership is FREE!

(IMG membership is only at the National level.)

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Thank You!



■ Questions?

