

## **FRIDAY, JANUARY 22**

### **TRACK A [Zoom link for Track A](#)**

- 1:00 – 1:50 Reproductive Health Care in the time of COVID - Drs. Linda Prine, Ana Garcia & Debby Glupczynski
- 2:00 – 2:50 Evidence-Based CAM Therapies for Women's Health: More Than Just Snake Oil! - Drs. Mary "Molly" Warren & Heather Paladine
- 3:00 – 3:50 The New Group B Strep Prevention Guidelines from ACOG & AAP - Dr. Joshua Steinberg
- 4:30 – 5:30 Breathe with Brigitte (Meditation)

### **TRACK B ([Zoom link for Track B to be added for registered guests](#))**

- 1:00 – 1:50 Red Eye in Primary Care Setting - Dr. Abdelkader Mallouk
- 2:00 – 2:50 In-Flight Medical Emergency: A Realty Check for the Good Samaritan - Drs. Pascal de Caprariis & Ann Di Maio
- 3:00 – 3:50 Monoclonal Antibodies in Family Medicine - Dr. William R. Sonnenberg

## **SATURDAY, JANUARY 23**

### **TRACK A [Zoom link for Track A](#)**

- 9:00 – 9:50 Diabetes is Primary - Dr. Nay Linn Aung
- 10:00 – 10:50 Diabetes Care - Ambulatory Case-Based Learning Session - Dr. Barbara Keber
- 11:00 – 11:50 Overview of HTN, New Guidelines and Treatment- Dr. Adam Ramsey
- 1:00 – 1:50 Preventing and Reversing Disease--Putting Lifestyle Medicine into Practice - Dr. Kerry Graff
- 2:00 – 2:50 Hidradenitis Suppurativa: Evaluation and Management of a Common Clinical Dilemma - Drs. Cristina Marti & Mayur Rali
- 3:00 – 3:50 Melanocytic Lesions: Systematic Approach - Dr. Amit Sharma

### **TRACK B ([Zoom link for Track B to be added for registered guests](#))**

- 9:00 – 9:50 2019 Update to ASCCP Management Guidelines for Cervical Cancer Screening Abnormalities - Dr. KrisEmily McCrory
- 10:00 – 10:50 Common Shoulder Conditions - Dr. Christine Persaud
- 11:00 – 11:50 Depression 101... The Basics - Dr. Wayne Strouse
- 1:00 – 1:50 Depression 2.0...What to Do When the Basics Aren't Enough - Dr. Wayne Strouse
- 2:00 – 2:50 Reducing Stigma Around Substance Use Disorders: Practical Considerations - Drs. Elizabeth Loomis & Chris Jastram & Hanna Ro
- 3:00 – 3:50 Becoming a Physician Leader – Dr. Tochi Iroku-Malize

### **TRACK C ([Zoom link for Track C to be added for registered guests](#))**

- 10:00 – 11:00 Understanding Addiction, the Disease Model - Joshua Zamer
- 1:00 – 5:00 MAT Waiver Training - Drs. Ephraim Back, Cinthia Kim, & Kristin Mack (registration req - Free)

## **SUNDAY, JANUARY 24**

### **TRACK A [Zoom link for Track A](#)**

- 9:00 – 9:50 HPV Vaccination Rates - We can do Better - Dr. Phil Kaplan
- 10:00 – 10:50 Need to Know Parenting Tips for Primary Care - Dr. Katherine Warden Manoraj Ratnaraj & Rebecca LaValley
- 11:00 – 11:50 Treating the Vaccination Hesitant Patient - Drs. Phil Kaplan, Mark Josefski, & Bob Morrow
- 12:00 – 12:50 COVID Vaccine: Who, How, When? - Dr. William Valenti

### **TRACK B ([Zoom link for Track B to be added for registered guests](#))**

- 9:00 – 9:50 Working w / Community Org. to Defeat Diabetes & Address Racial Equity in the age of COVID19 - Dr. Bob Morrow
- 10:00 – 10:50 Hep C Treatment in the FM Office - Drs. Jocelyn Young & Suganya Mahinthan
- 11:00 – 11:50 Incorporating PrEP for HIV - Drs. Jocelyn Young & Katherine Holmes
- 12:00 – 12:50 What About Me? Recapturing Men's Health (GU) Training in FM - Drs. Philippe & Kazi

## **FRIDAY, JANUARY 22**

### **TRACK A**

#### **1:00 – 1:50 Reproductive Health Care in the time of Covid - Drs. Linda Prine, Ana Garcia & Debby Glupczynski**

##### **Presentation Objectives:**

Early on the the Covid pandemic in New York City, the Reproductive Health Access Project examined common practices in contraception, abortion, miscarriage and ectopic care to see what really needed to be done in person and what could be done virtually. We used the CDC Medical Eligibility for Contraceptive Use, the Society for Family Planning, ACOG and NAF guidelines for evidence based guidance. This talk will take a look at the changes made to family medicine reproductive health care practices to see which should outlast the pandemic. Are there "lessons learned" from the effort to provide large elements of care virtually?

##### **About the Speaker(s):**

Linda Prine is a professor of Family and Community Medicine at Mount Sinai School of Medicine. She is a practicing physician and the Director of Reproductive Health at the Institute for Family Health, a large FQHC network in New York State. She is a co-founder of the Reproductive Health Access Project and the Access list, a lively list serve and safe space for discussing reproductive health issues. In these capacities, she has been a leader for full-spectrum reproductive health care: the integration of abortion, miscarriage and contraceptive care into family medicine teaching and services.

#### **2:00 – 2:50 Evidence-Based CAM Therapies for Women's Health: More Than Just Snake Oil! -**

#### **Drs Mary "Molly" Warren & Heather Paladine**

##### **Presentation Objectives:**

An estimated 38% of all Americans utilize some form of complementary and alternative medicine (CAM), and women are more likely to use CAM therapies than men. Because 67% of reproductive age women use CAM therapies in the US, physicians should proactively inquire about the use of CAM at office visits and assist patients in choosing safe, effective, and evidence-based CAM and integrative therapies. Focus groups have demonstrated that patients want to discuss integrative and CAM approaches to their health and want to make shared decisions with their providers regarding CAM therapies. Our presentation will focus on evidence based CAM and integrative therapies for three common women's health conditions: (1) premenstrual syndrome and dysmenorrhea, (2) pre-conception and infertility, and (3) menopausal symptoms. At the completion of our session, participants will be able to responsibly recommend effective integrative medicine and CAM therapies for these three commonly presenting health conditions in their female patients.

##### **About the Speaker(s):**

Mary Warren, MD, Clinical Fellow at NYP/CUMC in Integrative Medicine and Faculty Development. Dr. Warren is a recent graduate from NYP/CUMC Residency in Family and Community Medicine. Her interests are in integrative medicine, academic medicine, women's health, prenatal care, family planning, minor procedures. She is a National Health Service Corps Scholar and hopes to continue to practice in diverse communities throughout her career.

Heather Paladine, MD, MEd, FAAFP Director, New York-Presbyterian/Columbia University Medical Center Family Medicine Residency Program, New York, New York; Assistant Professor of Medicine, Center for Family and Community Medicine, Columbia University Medical Center, New York, New York Dr. Paladine lives and practices family medicine in Manhattan, New York, where she supervises residents and medical students, and treats a predominantly Latino, low-income patient population. She focuses on women's health, including maternity care and reproductive health. In addition to her work as a physician, Dr. Paladine mentors residents and medical students as a preceptor in the office and hospital environments. She has participated on the board of directors of the New York State Academy of Family Physicians and is vice chair of its Education Commission. She believes that the United States needs a health care system based on primary care, and that the public must learn more about family medicine to pave the way.

#### **3:00 – 3:50 The New Group B Strep Prevention Guidelines from ACOG & AAP - Dr. Joshua Steinberg**

##### **Presentation Objectives:**

In summer of 2019 updated guidelines on prevention of newborn invasive infections were released by ACOG & AAP. This presentation will review the background of GBS guidelines and then update the new management recommendations.

**About the Speaker(s):**

Dr. Steinberg is core faculty UHS Wilson Family Medicine Residency in Binghamton and SUNY Upstate, practice full-spectrum family medicine including obstetrics and newborn care

**4:30 – 5:30 Breath with Brigitte (Meditation) Registration Required)**

An open heart is a state of being. When your heart is open you let love flow through you. You feel open, accepting and expansive. We all experience it. It may happen after a good laugh, after receiving love from someone else, or after spending time in nature. It feels amazing and it's something we want to feel more often. How would it change your life? What could you attract with this new high-flying vibration? Breathwork is an active meditation that moves stuck energy in the body (fear, anger, anxiety, grief and negative thought patterns). As you breathe your mind begins to quiet, endorphins are released and your heart begins to open. The breath brings up what is most important for you at the time of the session and promotes deep healing and lasting inner peace. No prior experience with Breathwork or meditation is necessary. Brigitte Toussaint is trained to facilitate Breathwork professionally

**TRACK B**

**1:00 – 1:50 Red Eye in Primary Care Setting - Dr. Abdelkader Mallouk**

**Presentation Objectives:**

Identify the most common type of red eye (bacterial, viral and allergic), recognize the sign and symptoms related to red eye, understand the different treatment and management approach, treatment and management of: Bacterial conjunctivitis, different bumps of lid, Subconjunctiva hemorrhage, Episcleritis and dry eye

**About the Speaker(s):**

**2:00 – 2:50 In-Flight Medical Emergency: A Reality Check for the Good Samaritan - Drs. Pascal de Caprariis & Ann Di Maio**

**Presentation Objectives:**

US airlines may request traveling physicians to volunteer their assistance in the event of an ill passenger. This presentation will cover the most common medical emergencies in flight, the type of medical equipment that every US airline carries on flights, the support from the airline crew and on ground medical assistance during an inflight medical emergency. While an in-flight medical emergency (IME) litigation directed against a good Samaritan physician is unlikely, it is not impossible. This presentation explores the extent of the legal support New York malpractice companies and US airlines offer in the event of a malpractice suit for medical care delivered during an IME. In 1998 Congress passed the Aviation Medical Assistance Act which encourages health care professions to volunteer for an IME without fear of litigation. It does not mandate them to provide care. The AMAA addresses the issue of liability for a good Samaritan, but it does not offer any legal or financial assistance to demonstrate to a court that there was compliance with the AMAA. Insurance companies based in New York offering medical malpractice policies were found to have various degrees of coverage for an IME depending on whether a physician is in private practice or is employed by a medical institution (such as a hospital, medical center, clinic). Most Family Medicine physicians in private practice have policies that provide coverage for an IME. Some medical institutions have policies that restrict coverage only to their physical institutions and do not provide legal support for an IME litigation. Most retired physicians do not have a malpractice policy. A Family Physician who has malpractice policy that excludes IME coverage or is retired from medical practice, they would need to retain and finance their own legal counsel to demonstrate compliance with the AMAA (i.e. no gross negligence and no willful misconduct). IME documentation generated by the physician, the airline, and on-ground support should be retained by the physician particularly if the ill passenger is a child and/or adolescent. Literature review found that US Airlines while requesting a medical volunteer still consider the good Samaritan a passenger, and subsequently do not provide legal assistance. This contrasts with some foreign airlines that do provide liability protection for a physician. The good Samaritan should generate his/her documentation of the event, in addition to requesting IME documentation generated by the airline and on-ground medical expert. Prior to an air travel, physicians should be knowledgeable on their malpractice policy coverage for an inflight medical emergency.

About the Speaker(s):

Dr. de Caprariis is a Family Physician with extensive experience in the Infectious Diseases. Experienced in academics and private practice he was also a consultant to the World Health Organization (WHO). Dr. de Caprariis authored successful grant proposals to the NIH and New York State. He has successfully completed the public health certificate program at Albert Einstein College of Medicine Center for Public Health Sciences, New York. He is a graduate of the University of Bologna School of Medicine, Italy, and completed his Family Medicine residency training at the Lutheran Medical Center, Brooklyn, New York. At La Scuola d'Italia of New York City he served as the "Rappresentativo Legale" and reported to the Ministero Affari Esteri e Ministero dell'Istruzione, Universita' e Ricerca of the Italian Government in Rome, Italy.

**3:00 – 3:50 Monoclonal Antibodies in Family Medicine - Dr. William R. Sonnenberg**

Presentation Objectives:

Describe what monoclonal antibodies are and how they differ; Describe the clinical uses of monoclonal antibodies in diseases commonly seen by the family physician; Explore ways that the family physician, especially in a rural setting, implement and monitor therapy with monoclonal antibodies

About the Speaker(s):

Dr. Sonnenberg earned his medical degree from the University of Pittsburgh and completed his family medicine residency at McKeesport Hospital. He has been in private practice in the Titusville area since 1983. He is a past President of the Pennsylvania Academy of Family Physicians. He has served as Clinical Assistant Professor of Family and Community Medicine, Penn State College of Medicine. He is medical director of Aseracare Hospice in Northwest Pennsylvania. He has been the featured speaker for four issues of FP Audio and has spoken twelve times at the annual AAFP Scientific Assembly/FMX. His latest talks were on Influenza and Influenza Vaccination. He was selected by his state academy to represent Family Medicine on the Governor's Ad Hoc Committee on Influenza Vaccination in Health Care Workers. He was recently certified as a Hospice Medical Director.

**SATURDAY, JANUARY 23**

**TRACK A**

**8:00 – 8:50 Breakfast Table Discussion - topic - Single Payer Health Care**

**9:00 – 9:50 Diabetes is Primary - Dr. Nay Linn Aung**

Presentation Objectives:

To discuss the role of Primary Care Provider (PCP) in prevention and management of Diabetes; To examine why PCP needs to learn more about diabetes management; To discuss briefly about "Therapeutic Inertia" in management of diabetes

About the Speaker(s):

Dr. Aung attended medical school in Burma and completed family medicine residency in St Elizabeth Family Medicine Residency program in Utica, NY. With his immerse passion for diabetes, he then joined one year primary care diabetes fellowship program in East Carolina University at Greenville, NC. After completion of the fellowship, he joined Mohawk Valley Health System (MVHS) as hospitalist and faculty at St. Elizabeth Family Medicine Residency. He created diabetes clinic at residency clinic. He also founded and led inpatient glycemic management QI team at MHVS and currently working on to start virtual inpatient glucose management clinical service. He volunteers in some American Diabetes Association's initiatives and also serves as Advisor in Clinical Center and Program interest group. He is selected as the member of Editorial board in Clinical Diabetes journal in 2020. He is very interested in training residents and medical students as a faculty of residency program and an assistant clinical professor in affiliated medical schools, University of New England College of Osteopathic Medicine and Lake Erie College of Osteopathic Medicine (LECOM). He also created diabetes sub-track training in traditional family medicine residency to train primary care provider to better manage diabetes.

**10:00 – 10:50 Diabetes Care - Ambulatory Case-Based Learning Session - Dr. Barbara Keber**

Presentation Objectives:

This presentation will include practice applying new knowledge and skills gained from a brief overview of a diabetes treatment update, through collaborative learning with peers and faculty. This will include identifying strategies that foster optimal management of diabetes treatment within the context of professional practice, and formulate an action plan to implement practice changes, aimed at improving patient care.

**About the Speaker(s):**

Dr. Keber has been a board certified, practicing family physician for 35 years and currently works for Northwell Health Physician Partners in Family Medicine at Glen Cove Hospital. She also serves as the Chair of Family Medicine within the hospital at Glen Cove and the Vice Chair of the Department of Family Medicine for Northwell Health and Zucker School of Medicine. She earned her medical degree from the State University of New York, Health Science Center-Brooklyn, College of Medicine, formerly SUNY Downstate School of Medicine, and completed residency in Family Medicine at The Community Hospital of Glen Cove, now the Zucker School of Medicine Hofstra/Northwell Health Glen Cove Family Medicine Residency Program. As a leader in family medicine at Glen Cove, she has been instrumental in developing the patient centered approach and team based care with NCQA recognition as a Patient Centered Medical Home level 3 for the last 5 years for the combined faculty and residency practice. Dr. Keber also is the physician leader for the diabetes program in both the inpatient and ambulatory settings. Her passion for working with the underserved population and for diabetes has enabled her to develop a team based approach to care for the many patients with diabetes who receive their care within this practice setting enabling the provision of improved care for this population. Dr. Keber has spoken on topics related to both diabetes care and management as well as team based population health within the PCMH model of care. Dr. Keber also participates in many activities within the community setting giving talks to many in various senior citizen groups and also working with residents in a training program to improve the resident experience in participation in the community via community based organizations. She is currently working with Northwell leadership to enhance geriatric care in the ambulatory setting at Glen Cove Hospital and the ambulatory practices in the local area.

**11:00 – 11:50 Overview of HTN, New Guidelines and Treatment- Dr. Adam Ramsey**

**Presentation Objectives:**

Attendees will understand the current guidelines for the treatment of HTN; discuss causes of secondary HTN; discuss anti-hypertensive medications and how to choose them

**About the Speaker(s):**

Dr. Ramsey is a Family medicine resident at Arnot Ogden Medical Center Alt Resident Representative NYSAFP Board of Directors Author, Editor & Felson Level Supporter for Radiopaedia. Contributions include authoring and editing more than 50 articles and 17 cases.

**1:00 – 1:50 Preventing and Reversing Disease--Putting Lifestyle Medicine into Practice - Dr. Kerry Graff**

**Presentation Objectives:**

The CDC and the World Health Organization both estimate that 80% of all the health misery in developed nations is caused by suboptimal lifestyle habits. Despite this reality, clinicians spend very little time addressing lifestyle as the underlying cause of disease with their patients for numerous reasons: we aren't taught how effective lifestyle changes can be for preventing and reversing many chronic diseases, we don't know exactly what we should be recommending, we don't know how to effectively address this topic with patients, and we don't feel we have the time in our already crazy schedules. This presentation will help attendees understand the degree to which lifestyle matters in overall health, which elements of lifestyle have the biggest impact, how to use a dietary assessment as an educational tool, and be able to identify at least three strategies to promote lifestyle improvements that clinicians feel they could realistically incorporate into their practice.

**About the Speaker(s):**

Dr. Kerry Graff is a family physician and the lead lifestyle medicine physician at Rochester Regional Health, with her main office in Canandaigua, NY. She received her undergraduate degree in biology from Cornell University in 1990. After obtaining her medical degree from the University of Pittsburgh School of Medicine in 1994 and completing her family practice residency 3 years later at UPMC Shadyside, also in Pittsburgh, PA, she returned to the finger lakes to practice family medicine. After experiencing a personal health transformation by adopting a whole food, plant-based diet in

2014, she began incorporating lifestyle medicine principles into her practice of medicine. She became board certified in Lifestyle medicine in 2017, the first year board certification was available for this new specialty. Dr. Graff joined Rochester Regional Health in 2018, after running an independent hybrid family and lifestyle medicine practice, to facilitate integrating lifestyle medicine into mainstream medical care and growing the ability for the health system to provide these services to all patients who might benefit. In addition, Dr. Graff serves in a volunteer capacity as the chief medical officer of 4Leaf Global and is the co-author of the 4Leaf Guide to Vibrant Health--Using the Power of Food to Heal Ourselves and Our Planet. All royalties from her book are donated to further lifestyle medicine initiatives.

### 2:00 – 2:50 Hidradenitis Suppurativa: Evaluation and Management of a Common Clinical Dilemma - Drs. Cristina Marti & Mayur Rali

Presentation Objectives:

Hidradenitis Suppurativa (HS) is a chronic, inflammatory, and relentless occlusive disease that demands from the clinician a high degree of suspicion as well as a biological, clinical, and behavioral approach for its diagnosis and treatment. This presentation will review pathophysiology, etiology, epidemiology, morbidity and mortality, clinical staging, complications, and an evidence-based approach to diagnosis and treatment of HS.

About the Speaker(s):

Dr. Marti-Amarista was born in Caracas, Venezuela, and is a graduate of the Central University of Venezuela - Luis Razetti School of Medicine. Dr. Marti-Amarista is the Academic Chief Resident at the FMRP at Southside Hospital in New York.

### 3:00 – 3:50 Melanocytic Lesions: Systematic Approach - Dr. Amit Sharma

Presentation Objectives:

Define melanocytic lesions; Provide a stepwise approach for melanocytic lesions Distinguish between benign nevus and malignant melanoma Discuss role of PCP and specialists Go over management of suspicious lesions

About the Speaker(s):

Dr. Sharma is a native of upstate New York, grew up in Elmira, New York. He completed his residency at Arnot Health and works in a family medicine and dermatology clinic along with medical students and residents. In his free time, Dr. Sharma enjoys hiking, biking and being outdoors.

## TRACK B

### 8:00 – 8:50 Breakfast Table Discussion - topic – Reproductive Health

### 9:00 – 9:50 2019 Update to ASCCP Management Guidelines for Cervical Cancer Screening Abnormalities - Dr. KrisEmily McCrory

Presentation Objectives:

Will review recent updates to the ASCCP guidelines for cervical cancer screening management including application of the new app. Learners will understand rationale for new guidelines and learners will be able to apply new guidelines to create management plans

About the Speaker(s):

Dr. McCrory practices full scope family physician with a special interest in women's reproductive health and maternity care.

### 10:00 – 10:50 Common Shoulder Conditions - Dr. Christine Persaud

1) Review shoulder anatomy 2) Review shoulder exam 3) To discuss common shoulder conditions and the management of them

About the Speaker(s):

Dr. Persaud is a primary care sports medicine physician with a background in Family Medicine. She runs the Sports Medicine fellowship at SUNY Downstate in Brooklyn. Dr. Persaud recently got earned an MBA and became a Diplomate of the American Board of Obesity Medicine. She is the medical director for the division of sports medicine in the dept of orthopedic surgery.

### 11:00 – 11:50 Depression 101... The Basics - Dr. Wayne Strouse

#### Presentation Objectives:

After attending this lecture, the learner will understand: -- How and Why to screen for depression -- The treatments for depression Non-pharmacologic, alternative, and pharmacologic -- A scheme for initiating pharmacologic treatment -- A scheme for adjusting/modifying pharmacologic treatment

#### About the Speaker(s):

Dr. Strouse is a rural, solo Family Physician practicing in Penn Yan in the beautiful Finger Lakes region of New York State. He has a special interest in the treatment of Mental Illness, which makes up a significant portion of his practice. He is the New York State Academy's 2020 Family Physician of the Year.

### 1:00 – 1:50 Depression 2.0...What to Do When the Basics Aren't Enough - Dr. Wayne Strouse

#### Presentation Objectives:

This session will allow the attendee to take the next step when basic treatment of depression fails to result in remission. Switching anti-depressants in a rational way will be discussed. It will cover the use of combination therapies, and various options for augmentation of anti-depressants. At a time of lack of easy/timely access to Mental Health services, Family Physicians will need to be more comfortable with going beyond the basics to treat depression

#### About the Speaker(s):

Dr. Strouse is a rural, solo Family Physician practicing in Penn Yan in the beautiful Finger Lakes region of New York State. He has a special interest in the treatment of Mental Illness, which makes up a significant portion of his practice. He is the New York State Academy's 2020 Family Physician of the Year.

### 2:00 – 2:50 Reducing Stigma Around Substance Use Disorders: Practical Considerations - Drs. Elizabeth Loomis & Chris Jastram & Hanna Ro (MS4)

#### Presentation Objectives:

Learners will understand the many types of stigma faced by patients with substance use disorder as well as the origins of that stigma; will be able to identify your own implicit bias towards individuals with substance use disorder and be able to integrate ways to diminish the impact of stigma in medical practice and advocacy efforts.

#### About the Speaker(s):

Elizabeth Loomis MD currently serves as Program Director for the United Memorial Medical Center's Family Medicine residency program in Batavia NY. She received her undergraduate and MD degrees from the University of Rochester and completed residency and fellowship training at Lancaster General Health in Pennsylvania. Dr Loomis's academic interests include addiction medicine and maternal child health.

Hanna Ro is a fourth year medical student at Lake Erie College of Osteopathic Medicine (Bradenton) who has applied for a residency in Family Medicine.

### 3:00 – 3:50 Becoming a Physician Leader – Dr. Tochi Iroku- Malize

Presentation Objectives: The session will discuss the opportunity and resources available to family medicine medical students, residents and practicing physicians to become physician leaders. It will also highlight the various venues in which family medicine physician leaders utilize their skills in clinical and non-clinical realms. Examples of various family medicine physician leaders will be showcased with whom Dr. Iroku-Malize works within the NYSAFP, AAFP, health systems and community based organizations, amongst others.

#### About the Speaker:

Tochi Iroku-Malize MD MPH MBA is the inaugural chair of family medicine at Northwell Health and professor and chair of family medicine for the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell. She is dual board

certified in family medicine and hospice and palliative medicine and holds a masters degree in public health policy and management as well as a masters degree in business administration.

She has served as president of the New York State Academy of Family Physicians, director of the board for the American Academy of Family Physicians, board member for the Long Island Chapter of the American Red Cross, Community Service Chair for the Suffolk County Chapter of the Jack & Jill, Inc. and Strategic Planning Committee Chair for the Eastern Shore NY Chapter of the Links, Inc.

Dr. Iroku-Malize is involved in diverse programs including, but not limited to, global & planetary health, clinical informatics, women's & children's health, special needs populations, cultural competency, advocacy and leadership. She has worked for over the past three decades on clinical, research and academic initiatives to enhance health and equity for both providers and patients across various communities locally, nationally and internationally.

### **TRACK C**

**8:00 – 8:50 Breakfast Table Discussion - topic – Emotional Toll of COVID-19**

**10:00 – 11:00 Understanding Addiction, the Disease Model - Joshua Zamer**

understand addiction as a chronic disease understand the neuropathology of addiction understand evidence based treatment for addiction

**1:00 – 5:00 MAT Waiver Training - Ephraim Back, MD, MPH, Kristin Mack, DO, MS, Cynthia Kim, LCSW-R (registration req - Free)**

This is the 3rd year that the NYSAFP is supporting MAT waiver training during the Winter Weekend virtual conference. Expanding our ability to care for patients with Opiate Use Disorder is even more acute now as a result of the COVID-19 pandemic.

The buprenorphine waiver 8-hour training is offered in a 'half and-half' format [4 hours of in-person or virtual training followed up by 4 hours of online training]. Advance practice clinicians are required to complete the standardized buprenorphine waiver 8-hour training as well as an additional 16 hours of online training as established by the Comprehensive Addiction and Recovery Act (CARA). Residents and students may also take the course and apply for their waiver once they receive their DEA license. Upon completion of the required training, providers will meet the requirement of the DATA 2000 to apply for a waiver to prescribe buprenorphine for opioid-dependent patients.

*This activity is supported by the American Academy of Addiction Psychiatry which is the data sponsor for this training.*

*Funding for this course was made possible (in part) by 1U79TI026556 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. American Academy of Addiction Psychiatry is the sponsoring data organization.*

About the speakers:

Dr. Back is the Chief of Clinical Initiatives at the Hudson Headwaters Health Network, after > 20 years as associate program director and program director at the Ellis and Kingston FMRP respectively. I believe that the the opioid epidemic is the public health emergency of our time and that MAT has the potential to save many young lives. I have been involved with MAT for the past 5 years, have made MAT waiver training a core requirement of residency training and recently have been working to expand its provision by Family docs in the North country.

Cynthia Kim is an employee of the Institute for Family Health for 13 years, Cynthia Kim is proud to be a licensed clinical social worker in the state of New York. Ms. Kim completed her undergraduate and some doctoral work in Psychology at Syracuse University, and completed a graduate degree in Clinical Social Work at Columbia University. She has also

completed fellowships in Behavioral Science Education and New Faculty Scholars programs with the Society of Teachers of Family Medicine. Ms. Kim has a variety of interests within academic Family Medicine, including teaching behavioral medicine, resident and faculty wellness, program development, academic and professional support, medication-assisted treatment for chemical dependence, and social justice. She has presented scholarly activity at both regional and national conferences and holds academic appointments at affiliate medical schools of the MHFMR program (AUA and NYIT School of Osteopathic Medicine). At the Institute, Ms. Kim also participates in the Graduate Medical Education Committee, research committee, and is a proud member of the Institute's LGBTQ Health Task Force.

## **SUNDAY, JANUARY 24**

### **TRACK A**

#### **9:00 – 9:50 HPV Vaccination Rates - We can do Better - Dr. Phil Kaplan**

##### **Presentation Objectives:**

Methods outlined including state mandate, toolkits provided by AAFP and others, national policy using Australia as example (school based vaccination), and ending with the enthused informed provider as the most important variable in improving vaccination rates. Self assessment via NYSIIS emphasized.

##### **About the Speaker(s):**

Private practice Manlius Clinical Professor SUNY Upstate Past president NYSAFP Chair ad hoc committee on vaccine policy NYSAFP

#### **10:00 – 10:50 Need to Know Parenting Tips for Primary Care - Dr. Katherine Warden Manoraj Ratnaraj & Rebecca LaValley**

##### **Presentation Objectives:**

Family doctors are often faced with questions on how to deal with difficult behaviors in children. Even doctors who do not treat children may find their adult patients complaining about their children's behaviors. Many family doctors are parents themselves; however, our own parenting experiences are not the same as those of others and may not be the best advice for those parents. In this presentation, we will explain basic parenting techniques that are evidence based, provide a useful handout with the information, discuss how to quickly disseminate this information in an office visit, and when to refer to a specialist. The objectives are: Participants will be able to describe at least three parenting techniques, Participants will be able to teach at least three parenting techniques to others, and Participants will know when to refer to a specialist for problematic behaviors in children.

##### **About the Speaker(s):**

Dr. Warden is a licensed psychologist and Director of Behavioral Medicine at St. Elizabeth's Family Medicine Residency Program. Dr. LaValley is a board certified Family Medicine Doctor and is faculty at St. Elizabeth's Family Medicine Residency Program. Dr. Ratnaraj is a second year Family Medicine Resident at St. Elizabeth's Family Medicine Residency Program.

#### **11:00 – 11:50 Treating the Vaccination Hesitant Patient Panel - Drs. Phil Kaplan, Mark Josefski, & Bob Morrow**

##### **Presentation Objectives:**

Explain why the lower Hudson Valley has been targeted by DOH. Briefly address why focus groups need to explore the issue. well organized anti-vaccine movement and questions about the safety of rapidly developed COVID vaccines are undermining public confidence in vaccines. Could you share with us the experience in your practice with questions you are hearing from patients and with actual resistance to immunizations by parents?

Recent interactions with vaccine-resistant families will be discussed in addition to patients expressing concern about the safety of COVID vaccines. Discussion will include how prevalent is this issue at your practice and how to discuss this matter with other physicians in your community

#### **12:00 – 1:00 COVID Vaccine: Who, How, When? - Dr. William Valenti**

**Presentation Objectives:**

The discussion will include up to date information on vaccine types/ platforms, status of clinical trials, approval status and strategies for who to vaccinate - special emphasis on helping people overcome vaccine hesitation

**About the Speaker(s):**

Infectious Diseases physician with 40 year's experience with pandemic response Dr. Valenti has developed programs and treated patients with HIV since the beginning of the pandemic. Currently, he is involved in COVID program development and testing.

**TRACK B**

**9:00 – 10:00 Working w / Community Org. to Defeat Diabetes & Address Racial Equity in the age of COVID19 - Dr. Bob Morrow**

**Presentation Objectives:**

We can prevent diabetes cheaply and effectively using community-based organizations leading groups, using established CDC programs. How do we make this happen? How do we develop collaborative work across professional and racial barriers? This interactive discussion brings the experiences of community leaders and academic educational researchers to your personal experiences and needs, and we expect the participants will do the same for the presenters! The leaders of this group will discuss how we translated our work in communities in the South Bronx and Yonkers to the virtual world, and we will mine you for more ideas about how we transform people and communities in the age of COVID. This is an immersive discussion as we attempt to transform medical practice for chronic diseases. The models are both old and new, tested and experimental, and your personal thoughts on the subject are key to this group discussion. Participants will be able to -connect with local community based organizations, -how to translate proven programs to your community, - do so in the pandemic. -understand approaches to achieve racial equity in a health system that is out of balance. We can connect also to discuss outcomes measurements, but that's a big topic. Refreshments are optional.

**About the Speaker(s):**

Bob is a family physician in independent practice in the Bronx for 40 years. He has worked in the National Health Corps in East Harlem and Mount Vernon as well. His research focus is on the continuing education of health professionals, with attention to outcomes and behavior changes that measurably change the racist quality of health care in his local communities. Health People has for decades fought to improve health and equity in the South Bronx, led by Chris Norwood. Evelyn Rivas has organized and run the diabetes programs there. {Other participants to follow}

**10:00 – 11:00 Hep C Treatment in the FM Office - Drs. Jocelyn Young & Suganya Mahinthan**

**Presentation Objectives:**

Discuss hep c treatments for the patients an new drugs on market

**About the Speaker(s):**

Dr. Jocelyn Young is faculty at the UHS/Wilson Family Medicine Residency in Johnson City NY. She completed residency at the University of Rochester and a Masters in health professions education from the University of Rochester Warner School of Education.

**11:00 – 12:00 Incorporating PrEP for HIV - Drs. Jocelyn Young & Katherine Holmes**

**Presentation Objectives:**

Recent changes in guidelines from the USPSTF have expanded the age range for Hepatitis C screening and gave an A recommendation to offering PrEP (preexposure prophylaxis) to patients at high risk of HIV acquisition. This presentation will review the updated guidelines and provide frameworks so family physicians can confidently screen patients for benefiting from PrEP and provide medication to protect them. Additionally, the recent expansion in Hepatitis C screening may result in finding more of our patients are carrying the virus. Having incorporated Hepatitis C treatment

into our family medicine office, this presentation will provide frameworks for others interested in expanding to include this care.

About the Speaker(s):

Dr. Jocelyn Young is faculty at the UHS/Wilson Family Medicine Residency in Johnson City NY. She completed residency at the University of Rochester and a Masters in health professions education from the University of Rochester Warner School of Education.

**12:00 – 1:00 What About Me? Recapturing Men's Health (GU) Training in FM - Drs. Philippe & Kazi**

Presentation Objectives:

1. List the current state of GU training in medical education (UME, GME, CME) 2. Describe the impact of physicians with GU training on the health of the public. 3. List the mechanisms and resources for GU training for Family Physicians, residents and students.

About the Speaker(s):

Dr. Neubert Philippe is currently the Vice Chair of Academics for the Department of Family Medicine at Northwell Health and the Zucker School of Medicine at Hofstra/Northwell. He is also the Associate Program Director of the Southside Hospital Family Medicine Residency Program. He has been involved in curricular development on multiple topics and is one of the lead faculty for local, national and international academic programs related to family medicine. Recently he has been charged with helping to advance the innovative Family Medicine-Urology fellowship started several years ago at his home institution.

Dr. Kazi grew up in Queens, NY. New York has always interested me with its diverse cultures. I started out at Queens College for undergrad then moved to NYCOM for my medical degree. I have made friends on the way who have kept in touch to this day. I have finished my Family Medicine Residency last year with everyone's support. Now I am in a Urology Fellowship program that I think will reshape how Family Doctors will approach Urology in future.